



**Age-Friendly**  
Caledon

# **Action Plan | 2021-2031**

## **Council Presentation**



Prepared for: The Town of Caledon  
May 18, 2021  
Presentation to Staff Report 2021-0157

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# What is an Age-Friendly Community?

*The World Health Organization (WHO) defines an age-friendly community as one that is “inclusive and accessible urban environment that promotes active aging”*

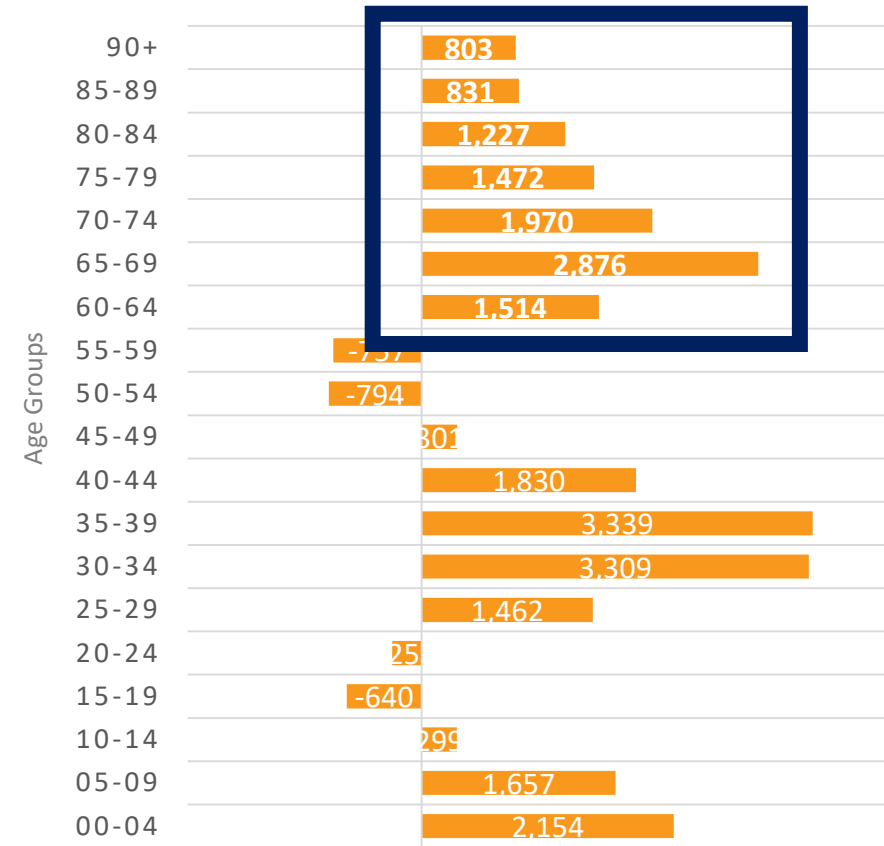
- Age-Friendly communities deliver **POLICIES, PROGRAMS, SERVICES** and **SPACES** that help residents maintain their independence as they age.
- When communities provide the appropriate policies, programs and services for Older Adults – there are cascading benefits for residents of **all ages**.
- Age-Friendly communities provide Older Adults with the tools they need to **live safely, enjoy good health, and stay actively involved** in their community.



# Caledon is Taking Action Now

- The number of older adults (55+) in Canada now exceeds the number of youth.
- Between 2021 and 2031, persons age 55+ will represent one of the fastest growing segments of the population. Caledon is forecasting an additional 10,000 residents over the age of 55 by 2031.
- This Plan is intended to ensure that the Town of Caledon and its community partners are fully prepared to meet the needs of an ageing population base.

**Town of Caledon Population Change by Age (2021-2031)**



Source: Metroeconomies (2020), based on 2016 Statistics Canada Data

# Goals of the Age-Friendly Caledon Action Plan

What is the Town of Caledon trying to achieve?

- 1** **remove barriers** that limit participation among persons age 55+
- 2** To **improve and update programs** that address changing needs of Caledon residents
- 3** To **enable *Healthy Ageing*** for all residents
- 4** To **strengthen partnerships** between the Town and local service providers and agencies that support the needs of residents
- 5** To **allocate the necessary resources** to support an ageing demographic





# Vision

The Town of Caledon is a safe, welcoming, and inclusive community that celebrates the diverse needs of all residents, regardless of age.

Caledon residents are connected to their friends, family and neighbours through a range of programs, services, accessible public spaces, and a natural environment that promotes active-living, social engagement, respect, stewardship and life-long learning.



# Age-Friendly communities focus their efforts on policies and programs that support EIGHT (8) Community Dimensions

HOUSING



MOBILITY



COMMUNICATION



COMMUNITY SUPPORT &  
HEALTH SERVICES



RESPECT & INCLUSION



PARTICIPATION



SAFETY &  
ACCESSIBILITY



COMMUNITY  
ENGAGEMENT



# AFC PRIORITIES

The Town of Caledon will:



## HOUSING

Advance policies and programs that expedite a full range of **affordable housing options** suitable to the needs of Older Adults across Caledon.



## MOBILITY

Advance policies and innovative funding partnerships that enable **more transportation and mobility options** for Older Adults throughout Caledon.



## COMMUNICATION

Deliver robust communication and partnership materials that **promote awareness and engagement** in community programs, events and services among Older Adults.



## COMMUNITY & HEALTH SUPPORTS

Support and promote the expansion of Community Support & Health Services that deliver **critical programs** to Older Adults, as well as their caregivers.

# AFC PRIORITIES

The Town of Caledon will:



5



## RESPECT & INCLUSION

Ensure that residents are **respected and included** in the decision-making process, and that their insights are valued.

6



## PARTICIPATION

Build, support and advocate for local programs that promote **social participation** with an emphasis on health, friendship, environmental stewardship and life-long learning.

7



## SAFETY & ACCESSIBILITY

**Remove barriers** and impediments that limit the use of Outdoor Spaces and Public Buildings for residents with mobility challenges or safety concerns.

8



## COMMUNITY ENGAGEMENT

Provide resources and supports that connect Older Adults with **meaningful volunteer and employment options** in Caledon.





## Listening to Residents, Caregivers and Community Service Providers



The Caledon Age-Friendly Action Plan is **built on the insights of residents age 55+**, Town elected officials, Town and Region Staff, local volunteers and community leaders who provide vital services to ageing residents.



Includes forty-five (45) deliverable action items under the eight dimensions. Deliverables are integrated with other existing Town and Regional strategies and plans.



All departments at the Town of Caledon will contribute to the success of the Action Plan with a focus on community.



# Where do we go from here?

Being an Age-friendly community is a commitment that involves each and everyone of us.

Through this Action Plan the Town of Caledon will provide leadership, communication, accessible spaces, and policy solutions that strengthen the bonds between residents, community support services and the physical and natural environment. Acting as a collaborative partner and resource for the community.

The commitment towards Age-Friendly Caledon will help ensure that residents can live and age-well in the Caledon community.



*We are interested in starting Yoga. Where can we find a good class with like-minded individual?*

## Stay Active



*We want to put our tech-savvy to better use. How do we get involved in our community?*

## Get Involved



*People really love my coffee shop. How can I make it more accessible ?*

## Be Inclusive



*I want to share my knowledge and wisdom with young people. Where can I help?*

## Make a Difference