



Presentation to Mayor and Council
Town of Caledon, March 28, 2023

Gord Gunning, Chair
Abbeyfield Board of Directors

The Abbeyfield Model

Thank You

- Thank you to Council for awarding Abbeyfield Caledon as the Primary Grant Recipient from the CCCGT Charity Golf Tournament last September at TPC Toronto - Osprey Valley

Operation Rooftop - **Completed**

Objective – **To provide Town Council with an overview:**

- Brief history of Abbeyfield Model
- Background on Abbeyfield Caledon
- Offer insights as town considers new age-friendly services and seniors housing options



What is Abbeyfield?



- An international charitable, not-for profit, community-based, volunteer-supported movement, providing seniors with affordable, family-style and secure housing within their own community.

Mission:

Provide friendly, affordable living for independent seniors in a secure family setting that provides support for two key determinants of seniors' health – good nutrition and social interaction

- A Model well suited to Caledon – in size and philosophy
- Over 400 homes world-wide – 19 in Canada, 4 in Ontario



What is the Abbeyfield Houses Society

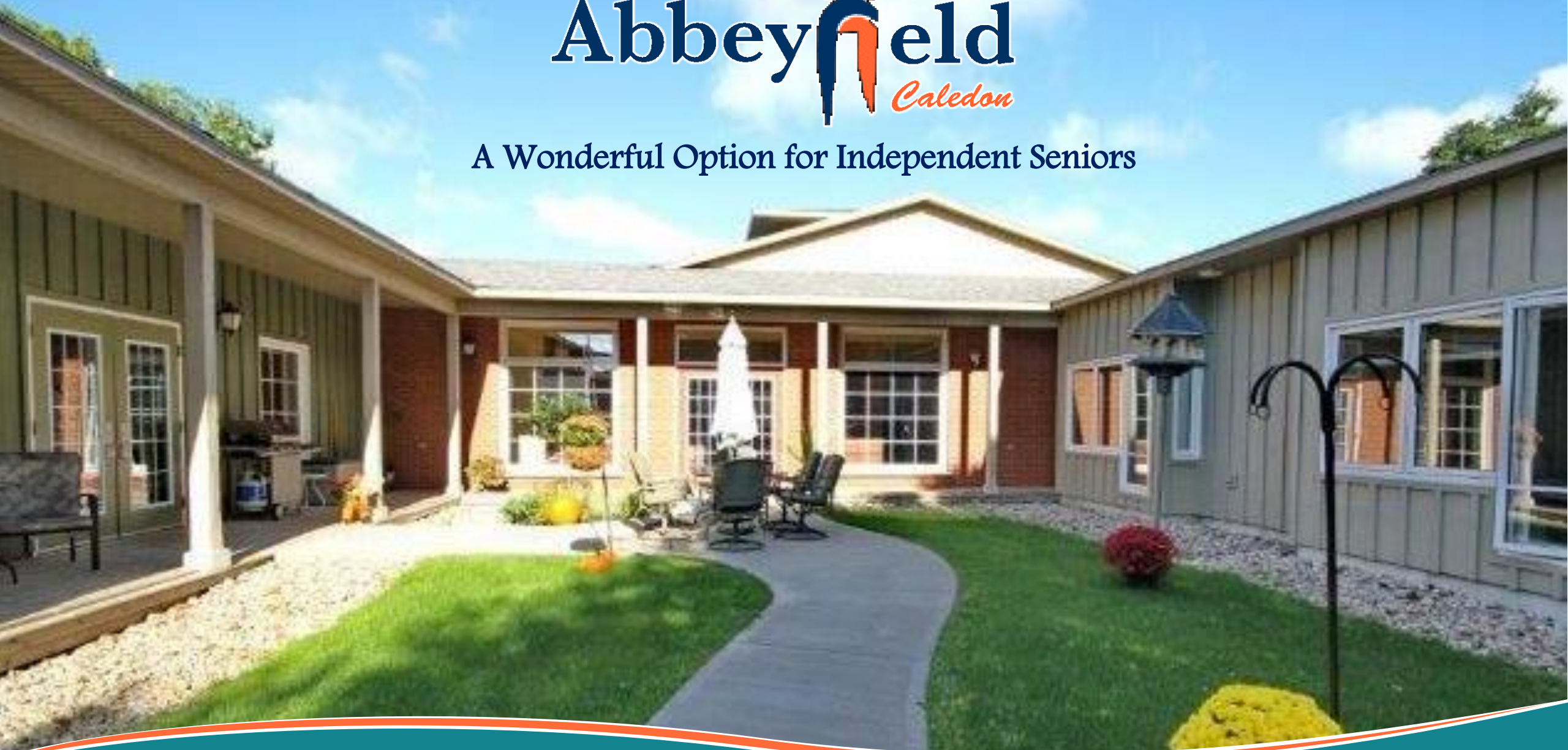
- Founded in the UK in 1956 by Major Richard Carr-Gomm who is recognized world-wide as a social reformer
- A community-based housing alternative that enables healthy seniors to live independently and in a non-institutional setting
- Now over **400** Abbeyfield Houses world-wide in countries such as Australia, New Zealand, Belgium, South Africa and the United Kingdom
- Currently **19** Abbeyfield Houses operating across Canada and are located throughout BC, Alberta, Saskatchewan, Manitoba and Ontario
- In Ontario there are **4** located in Caledon East, Durham, Toronto and Ottawa
- **7 Groups** working to develop new Abbeyfield Houses in Ottawa (3), Greater Sudbury, Waterloo, Lakefield and Wingham

The Abbeyfield Mandate

- To **enhance the quality of life** for older people by providing high quality accommodation in a stimulating environment in order for them to maintain a socially active life
- Our houses are closely linked to the community to enhance not only the lives of our residents but **older people living locally**
- Our goal is to offer an environment where the residents feel part of a community, they are engaged, stimulated and enjoying life while they **maintain their independence**

Abbeyfield *Caledon*

A Wonderful Option for Independent Seniors



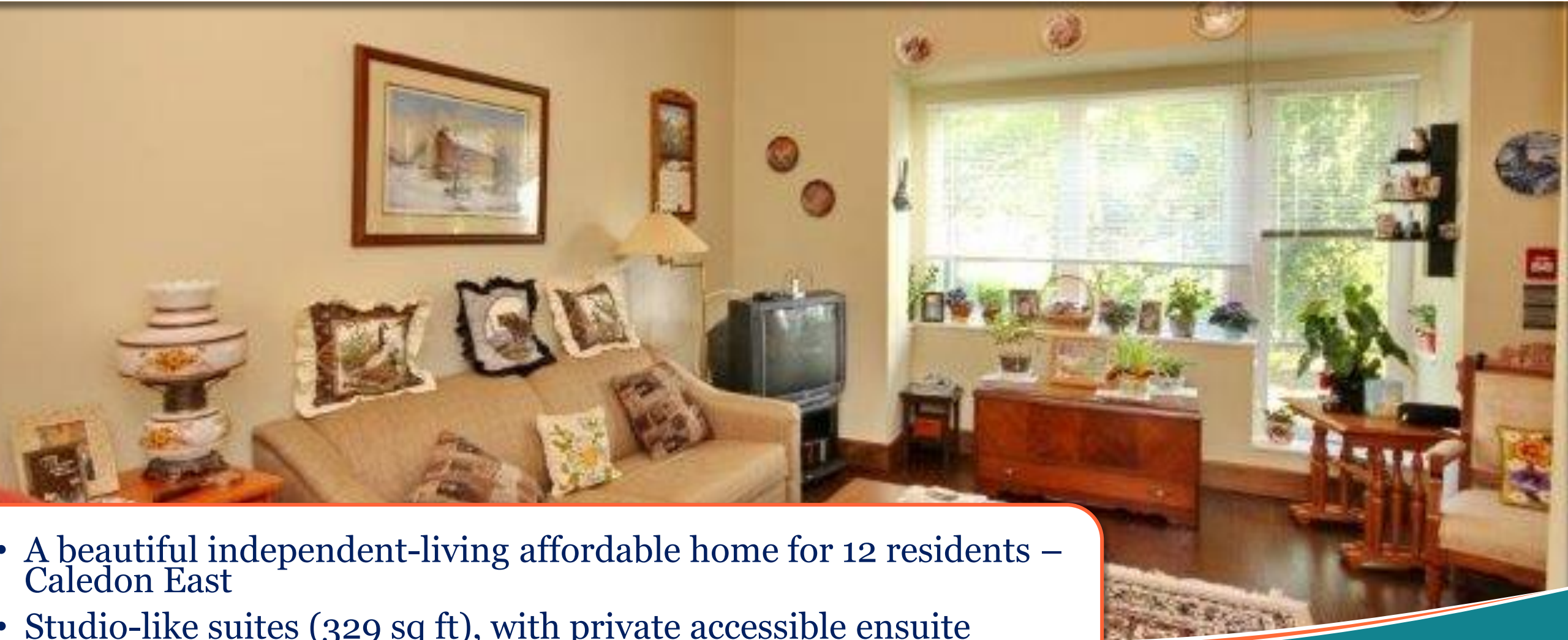
Why is this type of housing critical for seniors?



Social Integration



Abbeyfield Caledon is...



- A beautiful independent-living affordable home for 12 residents – Caledon East
- Studio-like suites (329 sq ft), with private accessible ensuite bathrooms

Abbeyfield Caledon is...



- Large common areas and sitting/gathering nooks – barrier-free
- A family-like setting where nutritious meals are prepared, served and shared around the family table



Who do we serve?



Capacity for 12
residents

Ages currently
from 70-90+ years

Varying degrees of age related
limitations

Who do we serve?



Strong desire for
independence

Seeking
companionship

Want to stay in
their community

Who do we serve?



Proper nutrition
through prepared meals



Some residents are still driving

How does Abbeyfield operate?

- Not for Profit
 - no government funding for operating expenses
- Registered CRA charitable organization
- Financially viable generating a small surplus annually
- Volunteer Board of Directors
- Monthly resident fee:
 - \$2,075 (\$2,225 July 1/23)
includes meals, accommodation, home maintenance
(excluding internet/phone/parking)



How does Abbeyfield operate?

- 3 meals a day – lunch/dinner prepared and served, breakfast- continental style - self serve
- House Manager – meal prep/resident relations
- Night Manager – on call, on site
- Ad Hoc contract roles, as required
- Much of the operational maintenance work done by volunteers



What we see in the future

- Growing need for age-friendly services in the Town of Caledon including new seniors housing options
- Abbeyfield Caledon is prepared to engage in your upcoming Official Plan Review
- To work closely with the Mayor's Age Friendly Task Force to explore new opportunities to enhance programs and services for seniors in our community
- We would be pleased to arrange a site tour for any members of Council who would like to see Abbeyfield Caledon, just a few blocks away

