



Age-Friendly Caledon



Action Plan 2021-2031

Envisioning a safe, welcoming, and inclusive community that celebrates the diverse needs of all residents, regardless of age.



Purpose of the Age-Friendly Caledon Update

- Provide an overview of what is Age-Friendly Communities and educate Council on the Age-Friendly Caledon Action Plan.
- Provide an update of the 2022 successes and 2023 goals of the plan.
- Advocate for ongoing support in bringing awareness to the AFC plan and various initiatives supporting residents in the community.



Preparing for an Ageing Population

- The number of Older Adults (age 55+) in Canada now exceeds the number of youth.
- Municipal governments play a critical role in the health and well-being of their residents. Residents depend on their local governments to provide vital programs, services and spaces that are accessible, inclusive, safe and adaptive to the needs of all residents.



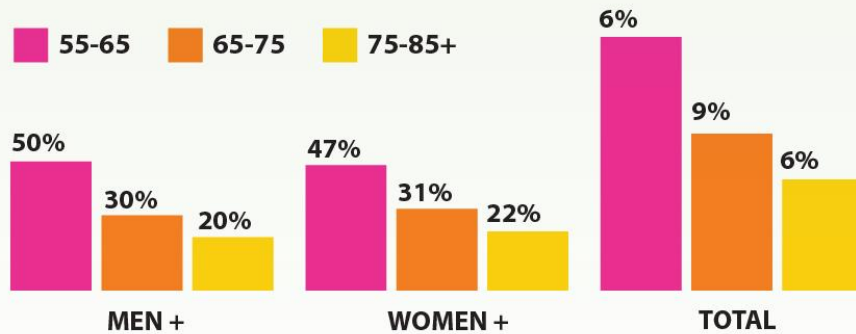
Caledon 55+ Statistics

AGE AND GENDER



29%

of Caledon's population is over the age of 55

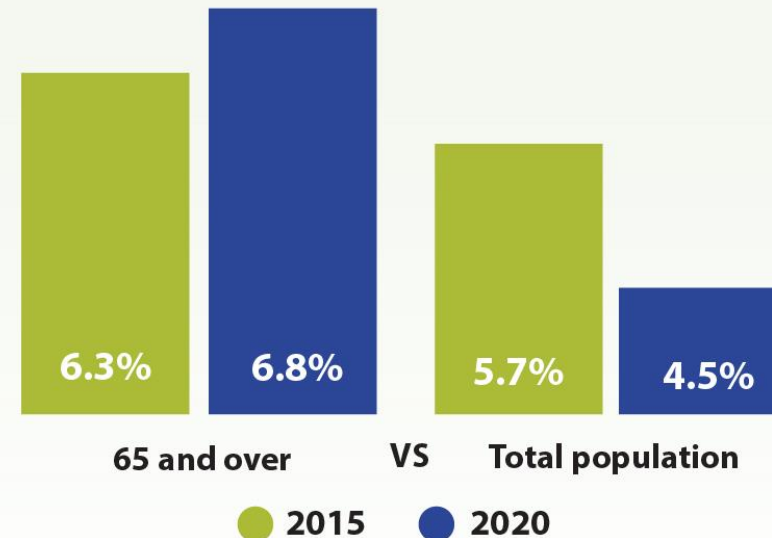


Men+ includes men and boys and some non-binary persons.
Women+ includes women and girls and some non-binary persons.

INCOME



% of population in low income bracket



Information provided by Census 2021 and Peel Data Center

Caledon 55+ Statistics

HOUSING



44,165

families with in the Region of Peel are living in multi-generational housing.

75%

of Caledon residents aged 85+ own and live in their own homes.

LANGUAGE AND CULTURE



नमस्ते
Ciao

Hello
ਸਤ ਸ੍ਰੀ ਅਕਾਲ

Top languages spoken in Caledon:

- Italian
- English
- Punjabi
- Hindi

Most represented religions in Caledon:

- Sikh
- Christian
- Hindu
- Muslim

Information provided by Census 2021 and Peel Data Center

What is Age-Friendly?

- The Age-Friendly Communities movements was developed by the World Health Organization (WHO) through their [Global Age-Friendly Cities: A Guide](#) to encourage active ageing by increasing opportunities for health, participation and security to enhance quality of life as people age.
- The [Creating a more inclusive Ontario: age-friendly community planning guide for municipalities and community organizations](#) provides communities across the province with the tools required to implement the dimensions and key action items as outlined by the WHO.



Age-Friendly communities focus their efforts on policies and programs that support EIGHT (8) Community Dimensions



Housing



Mobility



Communication



Community Support & Health Services



Respect & Inclusion



Participation



Safety & Accessibility



Community Engagement

Adapted from the World Health Organization



WHO Global Network
for Age-friendly Cities
and Communities

AFC PRIORITIES

The Town of Caledon will:



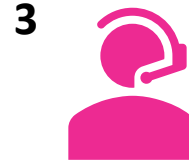
HOUSING

Advance policies and programs that expedite a full range of **affordable housing options** suitable to the needs of Older Adults across Caledon.



MOBILITY

Advance policies and innovative funding partnerships that enable **more transportation and mobility options** for Older Adults throughout Caledon.



COMMUNICATION

Deliver robust communication and partnership materials that **promote awareness and engagement** in community programs, events and services among Older Adults.



COMMUNITY & HEALTH SUPPORTS

Support and promote the expansion of Community Support & Health Services that deliver **critical programs** to Older Adults, as well as their caregivers.

AFC PRIORITIES

The Town of Caledon will:

5



RESPECT & INCLUSION

Ensure that residents are **respected and included** in the decision-making process, and that their insights are valued.

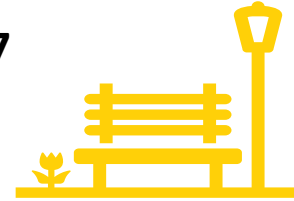
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PARTICIPATION

Build, support and advocate for local programs that promote **social participation** with an emphasis on health, friendship, environmental stewardship and life-long learning.

7



SAFETY & ACCESSIBILITY

Remove barriers and impediments that limit the use of Outdoor Spaces and Public Buildings for residents with mobility challenges or safety concerns.

8



COMMUNITY ENGAGEMENT

Provide resources and supports that connect Older Adults with **meaningful volunteer and employment options** in Caledon.



Progress to Date

Overview of some of the key success of the last two years of the AFC Action Plan development.



Ongoing Community Engagement, Networks, Partnerships and Support.



Fall for Caledon | **AGE-FRIENDLY EXPO**
Saturday October 1, 2022



CALEDON PUBLIC LIBRARY
for all reasons



Palgrave United
Community Kitchen



HEADWATERS
Health Care Centre



CALEDON COMMUNITY SERVICES



SENIOR SAVIOUR SOLUTIONS



DUFFERIN COUNTY
MULTICULTURAL
FOUNDATION



Peel | Council on Aging
Healthy aging for all



HILLS of HEADWATERS
COLLABORATIVE
CAREGIVERS IN THE HILLS



Caledon
MEALS ON WHEELS
... serving Caledon, Orangeville and Surrounding Communities



Caledon \ Dufferin
Victim Services



AWICD
AGEING WELL IN
CALEDON DUFFERIN

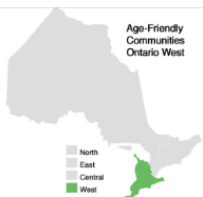


VOLUNTEER MBC
MISSISSAUGA • BRAMPTON • CALEDON
care • community • connection



Region of Peel
working with you

Age-Friendly Community Profile – Caledon



Caledon, Town of

AFC Communities - West, Age-Friendly Communities, Age-Friendly Communities Outreach

COMMUNITY PROFILE

Name of Committee:

[Age-Friendly Task Force](#) – Committee of Council (Council to be elected end of 2022 for start of 4 year term in 2023)

Population:

- Est. 2022 population: 87,000
- 2021 Population 76,581 (as per 2021 census)
- Forecasted to reach over 108,000 by 2031
- Est. 30% of the total population will be over the age of 55 by 2031

Contact:

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Office of the CAO

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Funding:

Municipal Core Funding
Grant Funding

This profile was updated in October 2022.

ONTARIO AFC OUTREACH PROGRAM

What is an AFC?

Ontario AFC Planning Guide

AFCs in Ontario

Interactive Maps

AFC Resources

AFC Knowledge Exchange

AFC Webinars

New Horizons for Seniors Grant 2022-2023

- Seniors Month Supports
- Free 55+ fitness programs
- New 55+ fitness equipment
- Let's Talk Caledon Educational Program
- Health and Wellness Ambassador Volunteer Program





Healthy Communities Grant 2022

55+ Outdoor Fitness Park

North Hill, Bolton

Supported the Active Transportation Master Plan Outreach and Development to encourage safe, comfortable, connected communities for older residents.



Partnered with Caledon Community Services to support increased transportation options to residents.

Ongoing promotion of the Town's Age-Friendly Transportation Resource Guide.



Snow Removal Financial Assistance Program



**Development and
Launch of the Snow
Removal Financial
Assistance Program**





Formalized Senior of the Year Process for annual nominations and recognition of outstanding residents aged 65+ in Caledon.

Moving Forward to 2023



WHO Global Network
for Age-friendly Cities
and Communities

The Town's Application to the Global Network for Age-Friendly Cities and Communities - World Health Organization (WHO).



Ongoing promotion of existing services and supports to ensure residents are able to age well and age in place in their existing homes.

Advocate and work with Town/Regional staff for affordable housing options for residents to “right size” in the Town of Caledon.



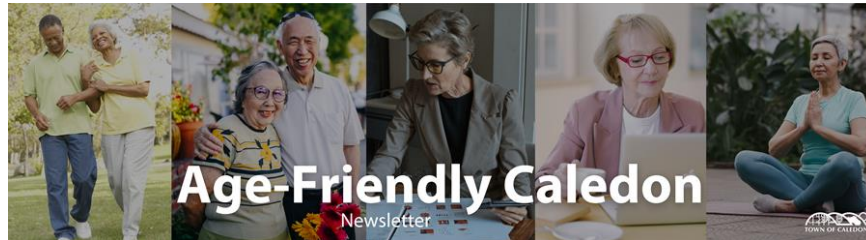
Ongoing promotion of existing transportation services and supports to ensure residents are able to age well and age in place in their existing homes.



Received financial support to develop an Age-Friendly Printed Guidebook and updated online resources for 55+ community.

Continue to build on the Age-Friendly Caledon eNewsletter content and subscribers.

Build on awareness of Age-Friendly initiatives in proposed TV segment series.





Older Adult Home Safety Program in partnership with the Caledon Fire & Emergency Services

Project funded by the Government of Ontario



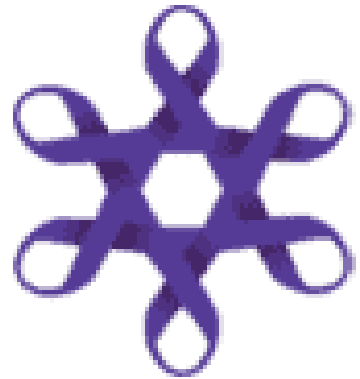
Older Adult Home Safety Program



Work with community partners and existing supports to increase coordination and awareness of Caregiver resources and supports for unpaid caregivers in the Caledon community.



As a new partner with the Elder Abuse Prevention Ontario Network, work to increased Elder Abuse Prevention Education and Awareness throughout the community.



**Elder Abuse
Prevention
Ontario**



Caledon Seniors Centre – Links2Wellbeing Social Prescribing Program

Supporting the development and implementation of this program to encourage increased social connections of residents 55+



Links2Wellbeing
social prescribing for older adults



Snow Removal Financial Assistance Program – Year 2

Continued expansion and promotion of the program and additional resources to support residents living in their own homes with snow removal supports.

A graphic for the Snow Removal Financial Assistance Program. It features the text "Snow Removal Financial Assistance Program" in a grey sans-serif font. Below the text are two logos: the Town of Caledon logo on the left and the Age-Friendly Caledon logo on the right. The background of the graphic is a photograph of a black snow shovel with an orange handle, filled with snow.

Snow Removal Financial
Assistance Program



Continue to promote and increase outreach/engagement of the Age-Friendly Action Plan initiatives with the Health and Wellness Ambassador Volunteers.

Outreach to date:

- Mayfield Senior Building Safety Expo – Peel Living Building
- Community Corners at Southfield and Albion Bolton Library Branches
- Caledon Seniors Centre Classic Café
- Additional Peel Living Building Safety Sessions



Health and Wellness
Ambassadors